

He Has Risen!

Then the disciples went back to their homes, but Mary stood outside the tomb crying. As she wept, she bent over to look into the tomb and saw two angels in white, seated where Jesus' body had been, one at the head and the other at the foot. They asked her, "Woman, why are you crying?" "They have taken my Lord away," she said, "and I don't know where they have put him." At this, she turned around and saw Jesus standing there, but she did not realize that it was Jesus. "Woman," he said, "why are you crying? Who is it you are looking for?" Thinking he was the gardener, she said, "Sir, if you have carried him away, tell me where you have put him, and I will get him." Jesus said to her, "Mary." She turned toward him and cried out in Aramaic, "Rabboni!" (which means Teacher) Jesus said, "Do not hold on to me, for I have not yet returned to the Father. Go instead to my brothers and tell them, I am returning to my Father and your Father, to my God and your God." Mary Magdalene went to the disciples with the news: "I have seen the Lord! And she told them that he had said these things to her.

John:20:10-18 (NIV)



Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. So she came running to Simon Peter and the other disciple, the one Jesus loved, and said, "They have taken the Lord out of the tomb, and we don't know where they have put him!" So Peter and the other disciple started for the tomb. Both were running, but the other disciple outran Peter and reached the tomb first. He bent over and looked in at the strips of linen lying there but did not go in. Then Simon Peter, who was behind him, arrived and went into the tomb. He saw the strips of linen lying there, as well as the burial cloth that had been around Jesus' head. The cloth was folded up by itself, separate from the linen. Finally the other disciple, who had reached the tomb first, also went inside, He saw and believed. (They still did not understand from the Scripture that Jesus had to rise from the dead.) John 20:1-9 (NIV)

Nisan - Iyar / March - April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1/29
						New Years Day / The New Moon Festival
2/30	3 / 31	4/1	5/2	6/3	7/4	8/5
					The Sabbath Day	
9 / 6	10 / 7	11 / 8	12 / 9	13 / 10	14 / 11	15 / 12
			The Lord was Arrested and Severally beaten	The Lord was Crucified on "Preparation Day"	The Sabbath Day	The First Day of Passover
16 / <mark>13</mark>	17 / 14	18 / 15	19 / 16	20 / 17	21 / 18	22 / 19
The First Day of The Counting of The Omer Period The Lord has Risen					The Final Day Of Passover / The Sabbath Day	
23 / <mark>20</mark>	24 / 21	25 / 22	26 / 23	27 / 24	28 / 25	29 / <mark>26</mark>
					The Sabbath Day	

If I forget you, O Jerusalem, let my right hand wither; let my tongue stick to my palate If I cease to think of you, If I do not keep Jerusalem in memory even at my happiest hour.

Psalms 137:5-6 (Tanakh)

Pray for the Well-being of Jerusalem; May those Who love you Be at peace. May there be Well-being Within your Ramparts, Peace In your citadels.

Psalms 122:6-7 (Tanakh)



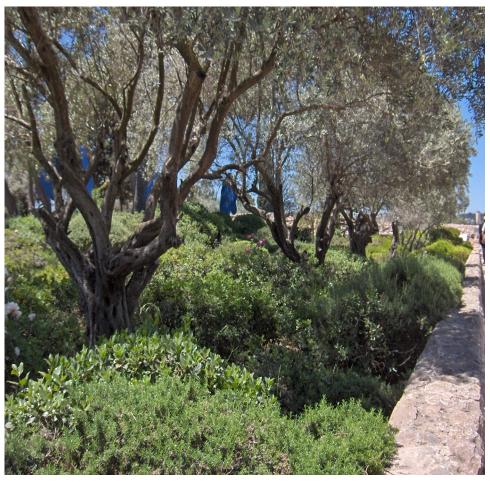
Iyar - Sivan / April - May

			This ct on the day they		T	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1/27	2 / 28	3 / 29	4/30	5/1	6/2	7/3
The New Moon Festival						The Sabbath Day
8 / 4	9/5	10 / 6	11 / 7	12 / 8	13 / 9	14 / 10
						The Sabbath Day
15 / 11	16 / 12	17 / 13	18 / 14	19 / 15	20 / 16	21 / 17
First Day of the Second Passover						The Final Day of the Second Passover / The Sabbath Day
22 / 18	23 / 19	24 / 20	25 / <mark>21</mark>	26 / <mark>22</mark>	27 / 23	28 / 24
						The Sabbath Day
29 / 25	30 / 26					

In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. John 1:1-2 (NIV)

Through him
All things were made;
Without him
Nothing was made
That has been made.
In him was the life,
And that life
Was the light of men.
The light shines
In the darkness,
But the darkness
Has not understood it.

John 1:3-5 (NIV)



John testifies Concerning him. He cries out, saying, "This was he of whom I said, 'He who comes After me Has surpassed me Because He was before me.' From the fullness of his grace We have all received one Blessing after another. For the law was given Through Moses; Grace and truth Came through Jesus Christ

John 1:15-17 (NIV)

There came a man who was sent from God; his name was John. He came as a witness to testify concerning that light, so that through him all men might believe. He himself was not the light; he came only as a witness to the light. The true light that gives light to every man was coming into the world. He was in the world, and though the world was made through him, the world did not recognize him. He came to that which was his own, but his own did not receive him. Yet to all who received him, to those who believed in his name, he gave the right to become children of God—children born not of natural descent, nor of human decision or a husband's will, but born of God. The word became flesh and made his dwelling among us. We have seen his glory, the glory of the One and Only, who came from the Father, full of grace and truth. John 1:6-14 (NIV)

Sivan - Tammuz / May - June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1/27	2 / 28	3/29	4/30	5/31
		The New Moon Festival				
6 / 1	7/2	8/3	9/4	10 / 5	11 / 6	12 / 7
The Day of First Fruits	The Sabbath Day					
13 / <mark>8</mark>	14 / 9	15 / 10	16 / 11	17 / 12	18 / 13	19 / 14
	The Sabbath Day					
20 / <mark>15</mark>	21 / 16	22 / 1 7	23 / 18	24 / 19	25 / 20	26 / <mark>21</mark>
	The Sabbath Day					
27 / <mark>22</mark>	28 / 23	29 / <mark>24</mark>				
	The Sabbath Day					

If you want to enter life, obey the commandments.

Matthew 19:17 (NIV)

My rules alone
Shall you observe,
And faithfully follow
My laws:
I the LORD am your God.
You shall keep
My laws and My rules,
By the pursuit of which
Man shall live:
I am the LORD.

Leviticus 18:4-5 (Tanakh)

All of the law &

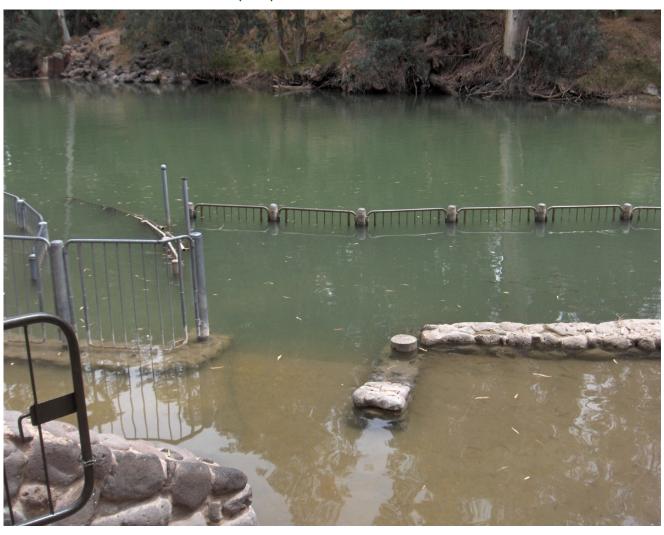
The teachings of the prophets,

In

The Word of God,

Define

The Ten Commandments



In those days John the Baptist came, preaching in the Desert of Judea and saying, "Repent, for the kingdom of heaven is near." This is he who was spoken of through the prophet Isaiah: "A voice of one calling in the desert, 'Prepare the way for the Lord, make straight paths for him.' John's clothes were made of camel's hair, and he had a leather belt around his waist. His food was locusts and wild honey. People went out to him from Jerusalem and all Judea and the whole region of the Jordan. Confessing their sins, they were baptized by him in the Jordan River. John 3:16 (NIV)

Tammuz - Av / June - July

And end at sunset on the day they are nightighted.								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
			1/25	2 / 26	3/27	4 / 28		
			The New Moon Festival					
5 / 29	6/30	7/1	8/2	9/3	10 / 4	11 / 5		
		The Sabbath Day						
12 / 6	13 / 7	14 / 8	15 / 9	16 / 10	17 / 11	18 / 12		
		The Sabbath Day						
19 / <mark>13</mark>	20 / 14	21 / 15	22 / 16	23 / 17	24 / 18	25 / 19		
		The Sabbath Day						
26 / <mark>20</mark>	27 / 21	28 / 22	29 / 23	30 / 24				
		The Sabbath Day						

"Enter through the narrow gate.

For wide is the gate and broad is the road that leads to destruction, and many enter through it.

But small is the gate and narrow the road that leads to life, and only a few find it.

Matthew 7:13-14 (NIV)



Matthew 7:21-23 (NIV)

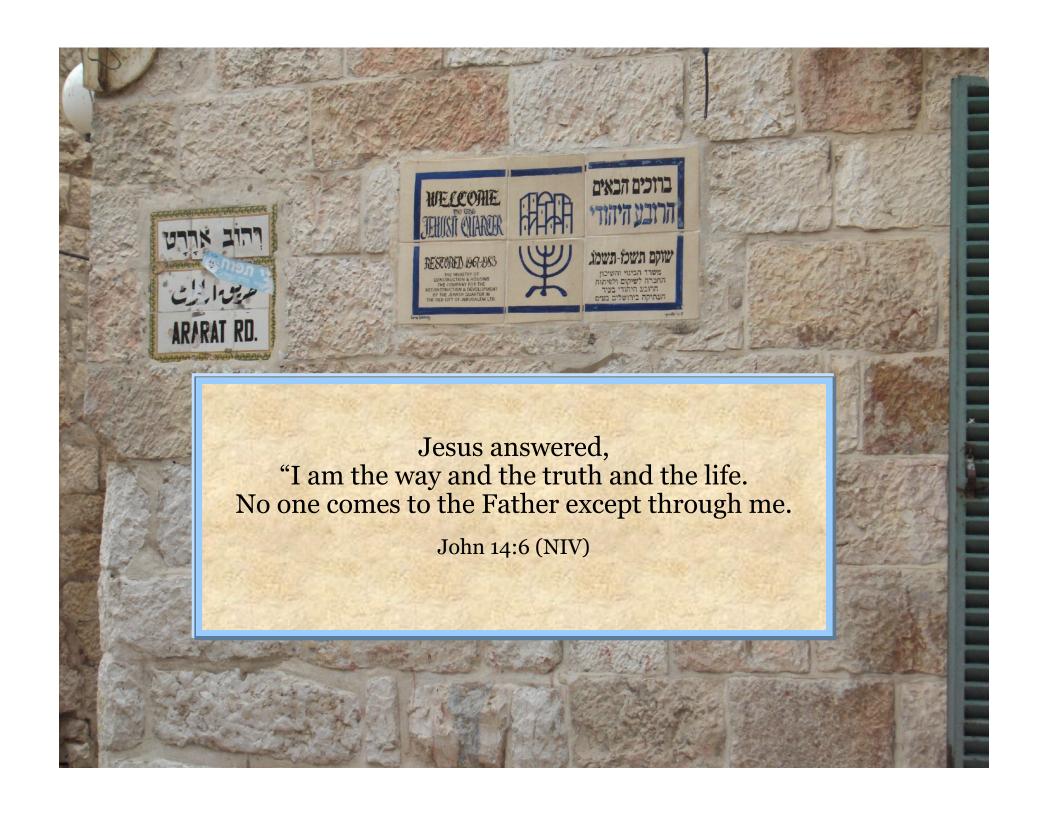
Who is an evildoer?

– One who lives *outside* of the law, as an "outlaw" and does not obey…

The Ten Commandments

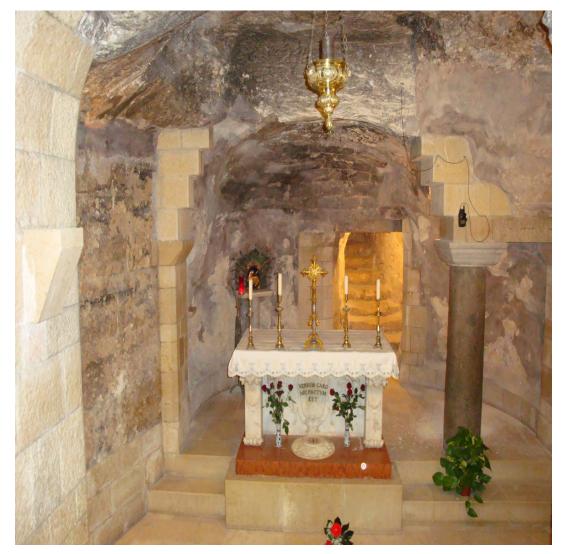
Av - Elul / July - August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 / 25	2 / 26
					The New Moon Festival	
3 / 27	4/28	5 / 29	6/30	7/31	8/1	9/2
				The Sabbath Day		
10 / 3	11 / 4	12 / 5	13 / 6	14 / 7	15 / 8	16 / 9
				The Sabbath Day		
17 / 10	18 / 11	19 / 12	20 / 13	21 / 14	22 / 15	23 / 16
				The Sabbath Day		
24 / 17	25 / 18	26 / 19	27 / 20	28 / 21	29 / <mark>22</mark>	
				The Sabbath Day		



Elul - Tishrei / August - September

			inset on the day they	0 0		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1/23
						The New Moon Festival
2 / 24	3 / 25	4/26	5 / 27	6 / 28	7/29	8/30
					The Sabbath Day	
9/31	10 / 1	11 / 2	12 / 3	13 / 4	14 / 5	15 / 6
					The Sabbath Day	
16 / 7	17 / 8	18 / 9	19 / 10	20 / 11	21 / 12	22 / 13
					The Sabbath Day	
23 / 14	24 / 15	25 / 16	26 / 17	27 / 18	28 / 19	29 / 20
30 / 21					The Sabbath Day	



"Listen, House of David," [Isaiah] retorted, "Is it not enough for you to treat men as helpless That you also treat my God as helpless? Assuredly, My Lord will give you a sign Of His own accord! Look, the young woman is with child And about to give birth to a son. Let her name him Immanuel. (By the time he learns to reject the bad And choose the good, People will be feeding on curds and honey.) For before the lad knows to Reject the bad and choose the good, The ground whose two kings you dread Shall be abandoned.

Isaiah 7:13-16 (Tanakh)

This is how the birth of Jesus Christ came about: His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be with child through the Holy Spirit. Because Joseph her husband was a righteous man and did not want to expose her to public disgrace, he had in mind to divorce her quietly. But after he had considered this, an angel of the Lord appeared to him in a dream and said, "Joseph son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy spirit. She will give birth to a son and you are to give him the name Jesus, because he will save his people from their sin." All this took place to fulfill what the Lord had said through the prophet: "The virgin will be with child and will give birth to a son, and they will call him Immanuel" —which means, "God with us." When Joseph woke up, he did what the angel of the Lord had commanded him and took Mary home as his wife. But he had no union with her until she gave birth to a son. And he gave him the name Jesus. Matthew 1:18-25 (NIV)

Tishri / September - October

		Т				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1/22	2 / 23	3 / 24	4 / 25	5 / 26	6 / 27
	The Feast Of Trumpets / The New Moon Festival					
7/28	8 / 29	9/30	10 / 1	11 / 2	12 / 3	13 / 4
The Sabbath Day			The Day Of Atonement			
14 / 5	15 / 6	16 / <mark>7</mark>	17 / 8	18 / <mark>9</mark>	19 / 10	20 / 11
The Sabbath Day	The first day of the Feast Of Booths					
21 / 12	22 / 13	23 / 14	24 / 15	25 / <mark>16</mark>	26 / 17	27 / 1 <mark>8</mark>
The Sabbath Day	The final day of the Feast Of Booths					
28 / 19	29 / <mark>20</mark>					
The Sabbath Day						

"Glory to God in the highest, and on earth peace to all men on whom his favor rest." Luke 2:14 (NIV)

And you,
O Bethlehem
Of Ephrath,
Least
Among the clans of Judah,
From you
One shall come forth
To rule Israel for Me—
One whose origin
Is from of old,
From ancient times.

Micah 5:1 (Tanakh)



But the angel said to them,

"Do not be afraid.

I bring you good news
Of great joy that will be
For all the people.

Today
In the town of David
A Savior has been born to You;
He is Christ the Lord.
This will be a sign to you:
You will find a baby Wrapped
in clothes
And lying in a manger"

Luke 2:10-12 (NIV)

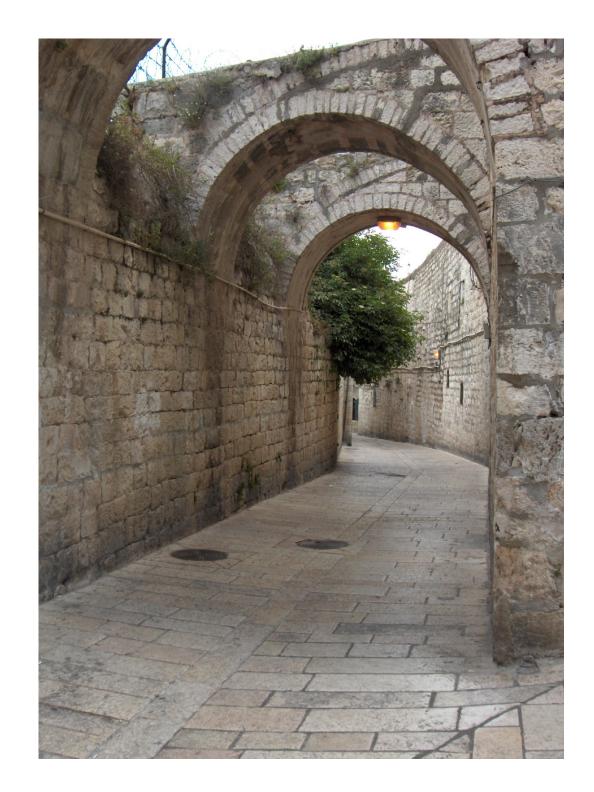
After Jesus was born in Bethlehem in Judea, during the time of King Herod, Magi from the east came to Jerusalem and asked, "Where is the one who has been born king of the Jews? We saw his star in the east and have come to worship him. When King Herod heard this he was disturbed, and all Jerusalem with him. When he had called together all the people's chief priests and teachers of the law, he asked them where the Christ was to be born. "In Bethlehem in Judea," they replied, "for this is what the prophet has written: 'But you, Bethlehem, in the land of Judah, are by no means least among the rulers of Judah; for out of you will come a ruler who will be the shepherd of my people Israel." Then Herod called the Magi secretly and found out from them the exact time the star had appeared. He sent them to Bethlehem and said, "Go and make a careful search for the child. As soon as you find him, report to me, so that I too may go and worship him." After they had heard the king, they went on their way, and the star they had seen in the east went ahead of them until it stopped over the place where the child was. When they saw the star, they were overjoyed. On coming to the house, they saw the child with his mother Mary, and they bowed down and worshipped him. Then they opened their treasures and presented him with gifts of gold and of incense and of myrrh. And having been warned in a dream not to go back to Herod, they returned to their country by another route. Matthew 2:1-12 (NIV)

Kislev / October - November

And end at sunset on the day they are nightighted.									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
		1 / 21 The New Moon	2 / 22	3 / 23	4 / 24	5 / 25			
6 / 26	7/27	Festival 8 / 28	9 / 29	10 / 30	11 / 31	12 / 1			
0 / 20	The Sabbath Day	0 / 20	9 / 29	10 / 30	The day the Lord came to live amongst us	12 / 1			
13 / 2	14 / 3	15 / 4	16 / 5	17 / 6	18 / 7	19 / 8			
	The Sabbath Day								
20 / 9	21 / 10 The Sabbath Day	22 / 11	23 / 12	24 / 13	25 / 14	26 / 15			
27 / 16	28 / 17	29 / 18	30 / 19						
	The Sabbath Day								

Then Jesus told them,
"You are going to have the light
Just a little while longer.
Walk while you have the light,
Before darkness overtakes you.
The man who walks in the dark
Does not know where he is going.
Put your trust in the light
While you have it,
So that you may become
Sons of the light."

John 12:35-36 (NIV)



Tevet / November - December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1/20	2 / 21	3 / 22
				The New Moon Festival		
4 / 23	5 / 24	6 / 25	7/26	8 / 27	9 / 28	10 / 29
			The Sabbath Day			
11 / 30	12 / 1	13 / 2	14/3	15 / 4	16 / 5	17 / 6
			The Sabbath Day			
18 / 7	19 / 8	20 / 9	21 / 10	22 / 11	23 / 12	24 / 13
			The Sabbath Day			
25 / 14	26 / 1 ₅	27 / 16	28 / 17	29 / 18	30 / 19	
			The Sabbath Day			

O Thee Fair Jerusalem! How I long to see you and dwell within your midst!



Jesus left the temple and was walking away
When his disciples came up to him to call his attention to it's buildings.
"Do you see all these things?" He asked. "I tell you the truth,
Not one stone here will be left on another; every one will be thrown down."

Matthew 24:1-3 (NIV)

The most beautiful dream that I have seen, Pertaining to the earth is this...

O thee fair Jerusalem!

Her majestic city, her gates, and her walls; But the glory of the Holy Temple Was the jewel on the crown! Where all of her servants will gather; To worship the Lord, their dear Master. She will not appear as poor Jerusalem does today, Where the ruble, trash, and debris clutters her skirts! But her gates will be carved exquisitely; With all of her stones cut immaculately, And each one laid upon the other tenderly. Her temple will shine like the sun And her city will glow like the moon. O thee fair Jerusalem! When I beheld your beauty, My heart was filled with joy And my eves were filled with tears... When the final war is over And the battle of Armageddon won, When evil is destroyed and buried From the presence of the sun; Then the Master Architect will lift you up once more. O thee Jerusalem! Because the Lord is holy, Surely you shall be holy too, And for a thousand years; While your King dwells upon the land, Year after year, Your servants shall bring forth their tribute; Bearing gifts with praise and singing joyful songs, While they worship The Lamb of God, the Lion of Judah, and the Savior of man. O thee fair Jerusalem! Jerusalem! How I long to see you and dwell within your midst!

- Miriam

Tevet - Shevat / December - January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1/20
						The New Moon Festival
2 / 21	3 / 22	4/23	5 / 24	6 / 25	7/26	8 / 27
					The Sabbath Day	
9 / 28	10 / 29	11 / 30	12 / 31	13 / 1	14 / 2	15/3
					The Sabbath Day	
16 / 4	17/5	18 / 6	19 / 7	20 / 8	21 / 9	22 / 10
					The Sabbath Day	
23 / 11	24 / 12	25 / 13	26 / <mark>14</mark>	27 / 15	28 / 16	29 / 17
30 / 18					The Sabbath Day	

The Upper Room

It was just before the Passover Feast.

Jesus

Knew that the time had come
For him to leave this world
And go to the Father.
Having loved his own
Who were in the world,
He now showed them
The full extent of his love.

John 13:1 (NIV)



... Jesus said, "Now is the Son of Man glorified and God is glorified in him. If God is glorified in him, God will glorify the Son in himself, and will glorify him at once. "My children, I will be with you only a little longer. You will look for me, and just as I told the Jews, so I tell you now: where I am going, you cannot come. A new command I give you: Love one another. As I have loved you, so you must love one another. By this all men will know that you are my disciples, if you love one another.

John 13:31-35 (NIV)

Shebat (Shevat) / January - February

And end at sunset on the day they are highlighted.									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	1/19	2 / 20	3 / 21	4/22	5 / 23	6 / 24			
	The New Moon Festival								
7/25	8 / 26	9 / 27	10 / 28	11 / 29	12 / 30	13 / 31			
The Sabbath Day									
14 / 1	15 / <mark>2</mark>	16/3	17 / 4	18 / 5	19 / 6	20 / 7			
The Sabbath Day									
21 / 8	22 / <mark>9</mark>	23 / 10	24 / 11	25 / <mark>12</mark>	26 / 13	27 / 14			
The Sabbath Day									
28 / 1 ₅	29 / 1 6								
The Sabbath Day									

"Let his blood be on us and on our children!" Matthew 27:25 (NIV)

While Pilate
Was sitting on
The judge's seat,
His wife sent him
This message:
"Don't have
Anything to do
With that
Innocent man,
For I have
Suffered a great
Deal today
In a dream
Because of him."

Matthew 27:19 (NIV)



You are a king then!
Said Pilate.
Jesus answered,
"You are right
In saying
I am a king.
In fact,
For this reason
I was born,
And for this
I came into the world,
To testify to the truth.
Everyone
On the side of truth
Listens to me."

John 18: 37 (NIV)

Then Pilate took Jesus and had him flogged. The soldiers twisted together a crown of thorns and put it on his head. They clothed him in a purple robe and went up to him again and again, saying, "Hail, king of the Jews!" And they struck him in the face. Once more Pilate came out and said to the Jews, "Look, I am bringing him out to you to let you know that I find no basis for a charge against him." When Jesus came out wearing the crown of thorns and the purple robe, Pilate said to them, "Here is the man!" As soon as the chief priests and their officials saw him, they shouted, "Crucify! Crucify!" But Pilate answered, "you take him and crucify him. As for me, I find no basis for a charge against him." The Jews insisted, "We have a law, and according to that law he must die, because he claimed to be the Son of God." When Pilate heard this, he was even more afraid, and he went back inside the palace. Where do you come from?" he asked Jesus, but Jesus gave him no answer. "Do you refuse to speak to me?" Pilate said. "Don't you realize I have the power either to free you or to crucify you?" Jesus answered, "you would have no power over me if it were not given to you from above. Therefore the one who handed me over to you is guilty of a greater sin." From then on, Pilate tried to set Jesus free, but the Jews kept shouting, "If you let this man go, you are no friend of Caesar. Anyone who claims to be a king opposes Caesar." When Pilate heard this, he brought Jesus out and sat down on the judge's seat at a place known as the Stone Pavement (which in Aramaic is Gabbatha). It was the day of Preparation of Passover Week, about the sixth hour. "Here is your king," Pilate said to the Jews. "But they shouted, "Take him away! Take him away! Crucify him! ... John 19:1-15 (NIV)

Adar / February - March

And end at sunset on the day they are nightighted.									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
		1 / 17	2 / 18	3 / 19	4/20	5 / 21			
		The New Moon Festival							
6 / 22	7/23	8 / 24	9 / 25	10 / 26	11 / 27	12 / 28			
	The Sabbath Day								
13 / 1	14 / 2	15 / <mark>3</mark>	16 / 4	17 / 5	18 / 6	19 / 7			
	The Sabbath Day								
20 / 8	21 / 9	22 / <mark>10</mark>	23 / 11	24 / 12	25 / 13	26 / 14			
	The Sabbath Day								
27 / 15	28 / 16	29 / 17							
	The Sabbath Day								

New Years Day (Truly):

The LORD said to Moses and Aaron in the land of Egypt: This month shall be the first of the months of the year for you.

Exodus 12:1-2 (Torah)

Please Note: The date chosen by the Lord, for the first day of the year, is in the spring; fourteen days before the Passover and that this also happens to be the date of the new moon. Because of this, it is meant to be spent as an additional day of rest, like every day of the new moon festival.

The New Moon Festival / Sabbath Days:

Remember the sabbath day and keep it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath of the LORD your God: you shall not do any work—you, your son or daughter, your male or female slave, or your cattle, or the stranger who is within your settlements. For in six days the LORD made heaven and earth and sea, and all that is in them, and He rested on the seventh day; therefore the LORD blessed the sabbath day and hallowed it.

Exodus 20:8-11 (Torah)

Please note: I have calculated this calendar according to the phases of the moon shown at http://aa.usno.navy.mil/data/docs/RS_OneDay.php determined for Oklahoma City, Oklahoma. I am concerned because of the differences in time zones around the world and I feel that it would be wise for you to double check the time zone in your area, to make sure that the dates will still remain accurate.

The Passover:

This day shall be to you one of remembrance: you shall celebrate it as a festival to the LORD throughout the ages; you shall celebrate it as an institution for all time. Seven days you shall eat unleavened bread; on the very first day you shall remove leaven from your houses, for whoever eats leavened bread from the first day to the seventh day, that person shall be cut off

You shall celebrate a sacred occasion on the first day, and a sacred occasion on the seventh day; no work at all shall be done on them; only what every person is to eat, that alone may be prepared for you. You shall observe the [Feast of] Unleavened Bread, for on this very day I brought your ranks out of the land of Egypt; you shall observe this day throughout the ages as an institution for all time. In the first month, from the fourteenth day of the month at evening, you shall eat unleavened bread until the twenty-first day of the month at evening. No leaven shall be found in your houses for seven days. For whoever eats what is leavened, that person shall be cut off from the community of Israel, whether he is a stranger or a citizen of the country. You shall eat nothing leavened; in all your settlements you shall eat unleavened bread.

Exodus 12:14-20 (Torah)

Please note: During Passover, we are commanded to eat "unleavened bread." However, because of the restrictions placed on us, for the counting of the omer (please see the next page), the rest of the year; we are not permitted to eat anything that is made with "grain." For help to understand this and some of the remaining laws, in the Word of God, please visit:

http://www.TheLawsOfMoses.com/

The Omer:

The LORD spoke to Moses, saying: Speak to the Israelite people and say to them: When you enter the land which I am giving to you and you reap its harvest, you shall bring the first sheaf of your harvest to the priest. He shall wave the sheaf before the LORD for acceptance in your behalf; the priest shall wave it on the day after the sabbath. On the day that you wave the sheaf, you shall offer as a burnt offering to the LORD a lamb of the first year without blemish. The meal offering with it shall be two-tenths of a measure of choice flour with oil mixed in, an offering by fire of pleasing odor to the LORD; and the libation with it shall be of wine, a quarter of a hin. Until that very day, until you have brought the offering of your God, you shall eat no bread or parched grain or fresh ears; it is a law for all time throughout the ages in all your settlements.

And from the day on which you bring the sheaf of wave offering—the day after the Sabbath—you shall count off seven weeks. They must be complete: you must count until the day after the seventh week—fifty days; then you shall bring an offering of new grain to the LORD.

Leviticus 23:9-16 (Torah)

Please note: The first day of the counting of the omer is the only holy day that we are not commanded to rest and that until we begin to make our "Thanksgiving" offering, we are forbidden from eating any grain; this includes corn. You can use almond, coconut, or soy flour; however, please be careful when using any of the other flour that is sold as a substitute, because there is usually a grain of one form or another added.

The Second Feast Of Unleavened Bread / Passover/Pesach:

And the LORD spoke to Moses, saying: Speak to the Israelite people, saying: When any of you or of your posterity who are defiled by a corpse or are on a long journey would offer a Passover sacrifice to the LORD, they shall offer it in the second month, on the fourteenth day of the month, at twilight. They shall eat it with unleavened bread and bitter herbs, and they shall not leave any of it over until morning. They shall not break a bone of it. They shall offer it in strict accord with the law of the Passover sacrifice. But if a man who is clean and not on a journey refrains from offering the Passover sacrifice, that person shall be cut off from his kin, for he did not present the LORD's offering at its set time; that man shall bear his guilt.

Numbers 9:9-13 (Torah)

The Day of First Fruits:

You must count until the day after the seventh week—fifty days; then you shall bring an offering of new grain to the LORD. You shall bring from your settlements two loaves of bread as a wave offering; each shall be made of two-tenths of a measure of choice flour, baked after leavening, as first fruits to the LORD. With the bread you shall present, as burnt offerings to the LORD, seven yearling lambs without blemish, one bull of the herd, and two rams, with their meal offerings and libations, an offering by fire of pleasing odor to the LORD. You shall also offer one he-goat as a sin offering and two yearling lambs as a sacrifice of well-being. The priest shall wave these—the two lambs—together with the bread of first fruits as a wave offering before the LORD; they shall be holy to the LORD, for the priest. On that same day you shall hold a celebration; it shall be a sacred occasion for you; you shall not work at your occupations. This is a law for all time in all your settlements, throughout the ages.

Leviticus 23:16-21 (Torah)

The High Holy Days

Teruah / The Feast Of Trumpets:

The LORD spoke to Moses, saying: Speak to the Israelite people thus: In the seventh month, on the first day of the month, you shall observe complete rest, a sacred occasion commemorated with loud blast. You shall not work at your occupations; and you shall bring an offering by fire to the LORD.

Leviticus 23:23-25 (Torah)

In the seventh month, on the first day of the month, you shall observe a sacred occasion: you shall not work at your occupations. You shall observe it as a day when the horn is sounded.

Numbers 29:1 (Torah)

The Day Of Atonement / Yom Kippur:

The LORD spoke to Moses, saying: Mark, the tenth day of this seventh month is the Day of Atonement. It shall be a sacred occasion for you: you shall practice self-denial, and you shall bring an offering by fire to the LORD; you shall do no work throughout that day. For it is a Day of Atonement, on which expiation is made on your behalf before the LORD your God. Indeed, any person who does not practice self—denial throughout that day shall be cut off from his kin; and whoever does any work throughout that day, I will cause that person to perish from among his people. Do no work whatever; it is a law for all time, throughout the ages in all your settlements. It shall be a sabbath of complete rest for you, and you shall practice self-denial; on the ninth day of the month at evening, from evening to evening, you shall observe this your sabbath.

Leviticus 23:26-32 (Torah)

Please Note: The Day of Atonement is considered the Sabbath of Sabbaths, a day of solemn rest.

The Feast Of Booths / The Feast Of Ingathering / The Feast Of Tabernacles/Sukkot:

Mark, on the fifteenth day of the seventh month, when you have gathered in the yield of your land, you shall observe the festival of the LORD [to last] seven days: a complete rest on the first day, and a complete rest on the eighth day. On the first day you shall take the product of hadar trees, branches of palm trees, boughs of leafy trees, and willows of the brook, and you shall rejoice before the LORD your God seven days. You shall observe it as a festival of the LORD for seven days in the year; you shall observe it in the seventh month as a law for all time, throughout the ages. You shall live in booths seven days; all citizens in Israel shall live in booths, in order that future generations may know that I made the Israelite people live in booths when I brought them out of the land of Egypt, I the LORD your God.

Leviticus 23:39-43 (Torah)

The Sabbatical Year:

Six years you shall sow your land and gather in its yield; but in the seventh you shall let it rest and lie fallow. Let the needy among your people eat of it, and what they leave let the wild beast eat. You shall do the same with your vineyards and your olive groves.

Exodus 23:10-11 (Torah)

The LORD spoke to Moses on Mount Sinai: Speak to the Israelite people and say to them: When you enter the land that I give you, the land shall observe a Sabbath of the LORD. Six years you may sow your field and six years you may prune your vineyard and gather in the yield. But in the seventh year the land shall have a sabbath of complete rest, a sabbath of the LORD: you shall not sow your field or prune your vineyard. You shall not reap the aftergrowth of your harvest or gather the grapes of your untrimmed vines; it shall be a year of complete rest for the land. But you may eat whatever the land during its sabbath will produce—you, your male and female slaves, the hired and bound laborers who live with you, and your cattle and the beasts in your land may eat all its yield.

Leviticus 25:1-7 (Torah)

You shall observe My laws and faithfully keep My rules, that you may live upon the land in security; the land shall yield its fruit and you shall eat your fill, and you shall live upon it in security. And should you ask, "What are we to eat in the seventh year, if we may neither sow nor gather in our crops?" I will ordain My blessing for you in the sixth year, so that it shall yield a crop sufficient for three years. When you sow in the eighth year, you will still be eating old grain of that crop; you will be eating the old until the ninth year, until its crops come in.

Leviticus 25:18-22 (Torah)

Every seventh year you shall practice remission of debts. This shall be the nature of the remission: every creditor shall remit the due that he claims from his fellow; he shall not dun his fellow or kinsman, for the remission proclaimed is of the LORD. You may dun the foreigner; but you must remit whatever is due you from your kinsmen.

Deuteronomy 15:1-3 (Torah)

Beware lest you harbor the base thought, "The seventh year, the year of remission, is approaching," so that you are mean to your needy kinsman and give him nothing. He will cry out to the LORD against you, and you will incur guilt. Give to him readily and have no regrets when you do so, for in return the LORD your God will bless you in all your efforts and in all your undertakings.

Deuteronomy 15:9-10 (Torah)

And Moses instructed them as follows: Every seventh year, the year set for remission, at the Feast of booths, when all Israel comes to appear before the LORD your God in the place that He will choose, you shall read this Teaching aloud in the presence of all Israel. Gather the people—men, women, children, and the strangers in your communities—that they may hear and so learn to revere the LORD your God and to observe faithfully every word of this Teaching. Their children, too, who have not had the experience, shall hear and learn to revere the LORD your God as long as they live in the land that you are about to cross the Jordan to possess.

Deuteronomy 31:10-13 (Torah)

You shall not falsify measures of length, weight or capacity. You shall have an honest balance, honest weights, an honest ephah, and an honest hin. Leviticus 19:35-36 (Torah)



Please do not say in your heart: "Because he is my brother or he is my friend; therefore, I will do this... But because you are a stranger, I will do that..." Or do not say: "Because he is poor, I shall do this... but because he is wealthy, I shall do that..." For we ought to treat each person as we would want to be treated; to be fair and honest with one another.